**Assignment Question 3**

Based on the takeaway from the topics discussed in the previous session complete the following tasks.

Come up with an elaborate Goal setting plan with getting a job as an objective. The role has to be relevant to the course that you are currently pursuing.

Develop a daily schedule based on the template discussed in the class and adhere to it.

Generate a schematic stress management plan by including various aspects of stress management discussed in the session.

Here are my takeaways from the session:

Identify the Target Job: Clearly define the specific role and responsibilities you are aiming for as a data engineer. Research the industry, job market, and job descriptions to understand the requirements and skills needed for the role.

1. Assess Current Skills and Knowledge: Evaluate your existing skill set and identify any gaps or areas that require improvement. This self-assessment will help you determine the necessary steps to bridge the skill gaps and make yourself a strong candidate for the desired role.
2. Set SMART Goals: Create specific, measurable, achievable, relevant, and time-bound (SMART) goals to guide your job search and skill development. Examples of SMART goals include:
   * Improve programming skills in Python and SQL within the next three months by completing online courses or tutorials.
   * Enhance knowledge of data processing frameworks like Hadoop or Spark by attending workshops or joining relevant online communities within the next six months.
   * Develop expertise in data modeling and database design by completing a certification program within the next year.
3. Create an Action Plan: Break down each SMART goal into smaller actionable steps. For instance, if your goal is to improve programming skills, your action plan might include allocating specific hours each day for practice, completing online exercises, and seeking feedback from mentors or peers.
4. Networking and Professional Development: Establish a network of professionals in the field of data engineering. Attend industry conferences, join relevant online forums, and connect with individuals who can provide guidance, insights, and potential job opportunities.
5. Update Resume and Online Presence: Tailor myresume to highlight relevant skills and experiences related to data engineering. Ensure that your LinkedIn profile and other professional platforms accurately represent your qualifications and interests in the field.
6. Apply for Internships or Entry-Level Positions: Gain practical experience by applying for internships, entry-level positions, or freelance projects in the data engineering field. These opportunities will help you build a portfolio and demonstrate your capabilities to future employers.
7. Continuous Learning and Skill Development: Stay updated with the latest advancements in data engineering by regularly investing time in learning new tools, technologies, and industry trends. Engage in online courses, read relevant books and articles, and participate in professional development activities.
8. Track Progress and Adjust: Regularly review your progress towards your goals, make adjustments as necessary, and celebrate milestones along the way. Seek feedback from mentors, industry professionals, and potential employers to improve and refine your approach.

Daily Schedule:

6:00 AM - Wake up and morning routine

7:00 AM - Exercise or engage in physical activity

8:00 AM - Breakfast and review daily goals

9:00 AM - Skill development (ineuron courses, tutorials, practice coding)

11:00 AM - Networking activities (online forums, LinkedIn connections)

12:00 PM - Lunch break

1:00 PM - Job search (researching opportunities, updating resume) 2:00 PM - Practical projects (working on personal data engineering projects)

4:00 PM - Break and relaxation

4:30 PM - Continued skill development (reading articles, staying updated)

6:00 PM - Review progress and adjust goals if necessary

6:30 PM - Dinner

7:30 PM - Free time for hobbies or personal activities – read

9:30 PM - Wind down and prepare for bed

10:00 PM - Sleep

Schematic Stress Management Plan:

1. Identify Stress Triggers: Take note of situations, events, or circumstances that consistently cause stress in your life. It could be work-related deadlines, personal conflicts, or external pressures.
2. Prioritize and Delegate: Evaluate your responsibilities and tasks, and prioritize them based on importance and urgency. Learn to delegate tasks when possible to lighten your workload and reduce stress.
3. Learning what makes me reduce stress ie methods like meditation , journaling etc…